

Why Whirling Chief?

At Whirling Chief, our core mission is to champion humanity into the workplace. We are the world's first digital collaboration & learning platform solely focusing on leadership and management topics that put people first.

Our difference is in the content...

We talk, write, study, research, publish and consult on leadership and management practices with a unique spirit: people first! Our curated content is specifically designed for bridging gap between science and practice and with an objective of helping individuals, teams and organizations thrive!

We bring world-known academic & world-class business expertise to your door...

Our academic collaborations include Carlson School of Management, Harvard Business School, Wharton School of Business and Indian School of Business; our growing number of business collaborations include Google, Inc., StartWithWhy, WhyNotPartnering, Agile Talent Collaborative, adaQuest, Team Elements.

With our expert facilitators, we share global curriculums that integrate and welcome unique perspectives and life experiences. You will not only leave with an enriched experience and an expanded business network, you will learn practical strategies for achieving your professional and organization's goals.

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Championing humanity in the global workplace.

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In today's highly volatile and complex work environments, **many of us struggle to bring our best selves** to work.



This workshop is designed for business professionals **who wish to take their leadership skills to the next level.** Inspired by Cheda-Men Tang's 'Search Inside Yourself', Susan David's 'Emotional Agility' and Google's Emotional Intelligence courses, the attendees will grow skills around emotional mastery, self-awareness, collaboration, transparency, **more open and effective communication, less posturing and less ego required to drive organizational success.**

Program Objectives

Class completion effectively enhances your proficiency in emotional intelligence competencies and grant access to a variety of tools and resources that will help you achieve your full leadership potential.

Curriculum

This workshop is designed for senior individual contributors, people managers and entrepreneurs across all sectors with focus on the following topics:

- Why our emotional intelligence matter?
- EQ vs IQ (Emotional vs. cognitive quotient and how brain works)
- 5 elements of EQ (Understanding core emotional intelligence skills)
- Self-awareness as a pre-requisite
- Self-expression (identifying the emotion and voicing it)
- Decision making (the impulse, the acceptance)
- Become more mindful in stressful situations
- Grow interpersonal skills
- Cultivate positive mindset

Outcome(s)

Attendees will benefit from learning how to:

1. Strengthen self-awareness,
2. Increase stress resilience,
3. Develop emotional mastery.

Facilitators:	Vendula Pavlikova & Sesil Pir
Length:	1 Day (6 hrs class time + 1 hr 1:1 coaching to follow)
Where:	Zurich, Switzerland
When:	October 24 th , 09:00 to 15:00 Zurich Time
Cost:	1500 CHF or 1750 CHF with an option for assessment report

Facilitators



Vendula Pavlikova is the founder of Authentic Achievers. She brings together her 12 years' professional experience in the corporate world across a wide range of industries and her passion for Emotional Intelligence and Positive Psychology.

She works with leaders and teams around the world helping them use emotional intelligence to get better results. Her mission is to guide people to live a fulfilling life and to teach them how to take care of their emotional well-being. She lives with her family in the beautiful cross-border region in Switzerland.



Sesil Pir is a recognized industrial psychologist and human resources expert with two decades of field experience serving Fortune 100 companies globally. She is currently serving as the founder and consulting lead of SESIL PIR Consulting GmbH, focused on building more effective organizations, leaders, and teams.

As an organizational development specialist, Mrs. Pir studies how organizations build and rebuild capabilities through systems management and team and leadership development. She is an active member of several international associations and a trusted voice in her industry, sought after to share her perspective on individual and industrial findings.