# Awakening Humanity at Work:

Leadership that Cultivates Compassion, Wisdom, and Well-Being in a New Age



The rise of artificial intelligence, robotics, and "smart" technologies powers change faster than ever. For some, this new era has ushered in prosperity and the potential to address some of humanity's most vexing challenges in creative new ways. For others, however, this era of technological and social change has ushered in isolation, loneliness, and fear.

# **Humanity Needs a New Form of Leadership**

A significant body of research shows that when people in positions of power adopt a human-centered view of business that emphasizes a culture of respect, trust, compassion, and wisdom, the performance of the organization rises along with individual well-being. Rigorous evidence from multiple disciplines demonstrates that organizations can recruit more talented people, retain them longer, draw out higher quality service, and engage in more rapid innovation when performance goes hand-in-hand with human thriving. Where people thrive, business thrives.

#### **Audience**

Corporate executives, organizational leaders and those in influencing roles who want to immerse in the new science of compassion and well-being and explore the strategic value of human-centered leadership to create stakeholder and shareholder value.

### **Program Objectives**

In this powerful three-day program, we will use the latest research in neuroscience, the bio-physiology of compassion and well-being, and dynamic findings from organizational behavior and psychology to learn the skills of resilience and creating thriving organizations.

We will explore how a neuroscientific and physiological approach to building an organizational culture of compassion and well-being changes what you think you know about the basics of human and organizational psychology. Along with like-minded fellow travelers on a journey of evolution, we will participate in a discussion about how to develop new qualities within ourselves and within the organizational ecosystems where we live and create action plans that inspire our own compassion and well-being.

Some of the benefits you will experience through a combination of classroom learning, experiential work, discussion, and case study include:

- Gain a better understanding of the scientific basis for an emphasis on compassion and well-being in the workplace and the motivators for compassion in business,
- Increase consciousness and build skill in managing the physiology and psychology of human well-being,
- Recognize thinking habits and biases that work for you and against you as you endeavour to cultivate compassion, wisdom, and well-being,
- · Learn about and experiment with some new taxonomy of 'being',
- Use scenario planning to envision future states of 'doing',
- Develop methodologies to lift self and others into new states of thriving and vitality in your organization
- Develop approaches to reducing and responding to suffering at work that may otherwise be invisible or unaddressed in order to build collaboration and enhance working relationships.

## Agenda

- Day 1: What is the new world of work and how shall humanity respond?
- Day 2: Awakening humanity in leadership:

The crucial element of success in the new world of work

Day 3: A new kind of being, a new kind of business

#### **Program Facilitators**

Developed as a collaboration between Stanford University's Center for Compassion and Altruism Research and Education (CCARE) and Whirling Chief, the program will bring together best-selling author and renowned neurosurgeon Dr. James Doty with leadership expert and business guide Sesil Pir, principle of Whirling Chief.

Other facilitators include Monica Worline, research scientist at CCARE with expertise in compassion science and the field of Positive Organizational Scholarship; Aslı Aker, global leadership and organizational development expert; and Sinan Canan, neuroscientist and co-founder of Açık Beyin Academy.

#### Venue

Allegretto Vineyard Resort, Paso Robles, California.







# **Pilot Pricing Info**

Discounted rate 6,000 USD / person, plus travel costs.



